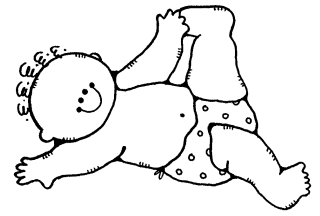


# Parent Pages

A Delaware County Early Intervention Publication  
January 2018



What is Early Intervention? A program for newborns, infants and toddlers that provides developmental services designed with your family's concerns and goals in mind. If you have concerns about your child's development, please call Early Intervention at 740-371-3322.

## Central Ohio Family Engagement Series

by Ohio Department of Developmental Disabilities

Pickaway County District Public Library  
Koch Meeting Room  
1160 N. Court Street Circleville, OH 43113

The Family Engagement Series is designed to unlock your strength, build a foundation, and learn skills and strategies to manage family stressors. These hands-on sessions will teach you practical ways to manage pressure, patience, and learn creative ways to modify your existing methods of coping and caring for those you love. We must care for ourselves first in order to care for others in our family.

The Family Engagement Series will be an opportunity for families to get personal and work together to solve common - and uncommon - family stressors.

Moderators will work with each group's real-life obstacles to find solutions that work for your family.

When registering for the Family Engagement Series you must commit to attending four (4) sessions. More than one family member is welcome to attend the series, but they should be registered and committed to attending the same sessions.

### Session Dates and Times

Day 1: January 16, 2019, 9am-12pm or 6-9pm

Day 2: January 17, 2019, 9am-12pm or 6-9pm

Day 3: February 20, 2019, 9am-12pm or 6-9pm

Day 4: February 21, 2019, 9am-12pm or 6-9pm

When registering, please select one session from each day (Day 1, Day 2, Day 3, Day 4).

Visit [www.eventbrite.com/e/central-ohio-family-engagement-series-tickets-51560680383](http://www.eventbrite.com/e/central-ohio-family-engagement-series-tickets-51560680383) to register for these **FREE** sessions. If you have any questions about the series or the registration process, please contact Steve Beha at [steven.beha@dodd.ohio.gov](mailto:steven.beha@dodd.ohio.gov) or 614-466-4085.

[www.dcbdd.org](http://www.dcbdd.org)

The website for the Delaware County Board of Developmental Disabilities

### Quote of the Month

"Brave doesn't mean  
you're not scared."

~ unknown

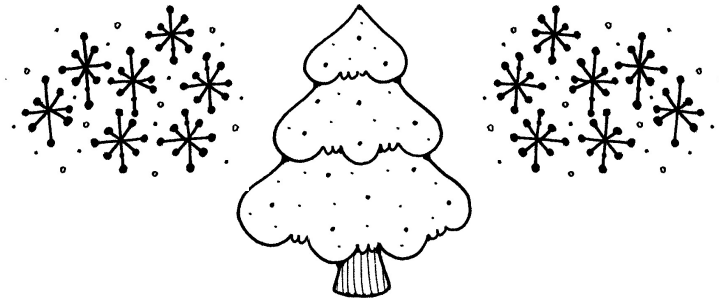
### January Awareness

January is National Birth Defects Awareness Month

January is National Glaucoma Awareness Month

January is National Thyroid Disease  
Awareness Month

January is National Blood Donor Month



### Buddies, Books & Bubbles

Please join us for this story time with themed books, a picture schedule, songs with sign language, crafts, and a fun bubble activity in a welcoming and supportive environment for children, ages birth to 5, **of all abilities** and their parents and caregivers. This will be an inclusive event in which children with special needs are learning and playing alongside children without special needs.

When: **Wednesday, January 23rd,**  
**(the 4th Wednesday of every month)**  
**11:00 - 11:30 am**

Where: **Delaware Main Library**  
84 E. Winter St. Delaware, 43015  
Who: Children ages 0-5 of all abilities  
and their caregivers

Cost: Free with no registration required

For more information, please contact  
Kelly Cochran at 740-362-3861 or Bethany Mirka at  
740-666-2222 or [tbmirka@hotmail.com](mailto:tbmirka@hotmail.com).

## Autism Support Group

This group is for families that have a toddler, preschooler or school aged child with Autism or behaviors similar to those with an Autism Spectrum Disorder diagnosis. Please join us on **Wednesday, January 30th, at 6:30pm at the Delaware County Board of Developmental Disabilities** at 7991 Columbus Pike, Lewis Center, 43035. Park in front of the building and enter through the front doors. Contact the Family Liaison, Bethany Mirka, at 740-666-2222 or [tbmirka@hotmail.com](mailto:tbmirka@hotmail.com) for more information.



## Sensory Sensitive Sunday at

### Chuck E. Cheese's

**Sunday, January 6th, 9:00 am - 11:00 am**  
2711 Martin Rd, Dublin, 43017

Now offered locally at the Dublin location! Chuck E. Cheese's is proud to support families who have children with special needs. On the first Sunday of each month, Chuck E. Cheese's will be open for a sensory-friendly experience. Trained and caring staff is there to make sure each guest has a fun filled visit. The Sensory Sensitive Sundays experience includes:

1. Less crowding and noise
2. Dimmed lighting
3. Show and music turned off or down
4. Limited appearances by Chuck E.
5. Food and games are offered. However, parents are permitted to bring snacks for their children if needed due to dietary restrictions during Sensory Sensitive Sundays.

For more information, please call Chuck E. Cheese's at 614-791-9480.

## Strand Movie Theater - Sensory Series

**Saturday, January 19th, 10:00am**

Doors open at 9:30am

\*Please call or check website/social media for movie title showing.



The 3rd Saturday of each month, The Strand Movie Theater provides showings for children, families, and adults in the community who may benefit from an alternative movie experience, such as our patrons on the autism spectrum or those living with other special needs. We turn up the lights, turn down the sound and welcome singing, dancing, movement, and any creative expression! Join us **every third Saturday of the month** and spread the word! **Free small popcorn and canned beverage for each person attending** provided by the Autism Society of Central Ohio.

The Strand Movie Theater is located at 28 E Winter Street, Delaware, 43015. For questions, please call 740-816-1938.

## Sky Zone Trampoline Park

### Sensory Night

**Monday, January 28th, 5:00 - 8:00 pm**

Sky Zone Columbus will turn off the music and dial down the distractions for the comfort of the jumpers. Children and adults with special needs, their siblings, family, and friends are welcome to come jump! Every effort will be made to accommodate all jumpers with any kind of special needs. **Guests with special needs jump for free**, family and friends will receive the following reduced prices. Pricing: 60 min-\$10, 90 min-\$13, 120 min-\$16 Please call ahead for availability. Sky Zone Columbus is located at 459 Orange Point Drive, Suite E, Lewis Center, OH 43035. Please call 740-548-4004 for more information.



*Have suggestions or comments about this newsletter? Do you have an upcoming event that you would like to have included in the next issue? Please contact Bethany Mirka, the Family Liaison to the Early Intervention Program of the Delaware County Board of Developmental Disabilities, at 740-666-2222 or [tbmirka@hotmail.com](mailto:tbmirka@hotmail.com).*

