

# DELAWARE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

## *Nutritional & Dietary Supplements* Delaware County Board of Developmental Disabilities

Board Review Date: April 19, 2012  
Board Resolution # 12-04-09  
Effective Date: April 20, 2012  
Reviewing Department Support Administration

### **Purpose**

To support families with disability related expenses

### **Rationale**

The Delaware County Board of Developmental Disabilities (DCBDD) provides services to individuals with developmental disabilities in Delaware County. One of the areas in which we assist families is with specialized food items and dietary supplements. Today you can go into any mainstream grocery store and find specialized food items and dietary supplements. The cost of food is a typical expense.

### **Policy Statement**

- DCBDD will cover prescribed specialized food items up to \$1500 at 50% reimbursement for approved items
  - Reimbursement requests must be submitted on the Supplemental Diet Reimbursement Form (see attached) with attached original receipts
  - Exclusions:
    - ✓ Early Intervention supports
    - ✓ Adult supports only when using home delivered meals to replace more expensive staffing
    - ✓ Naturally gluten/casein/sugar free foods
    - ✓ Non-edible items (lotions, shampoos, etc.)
- DCBDD will cover prescribed meal replacements, caloric supplements, and dietary supplement at 100% up to established limits.
  - Family & Transition Supports – up to \$3000 per plan year
  - Early Intervention & Adult – up to \$500 per plan year

### **Guidelines - Criteria (all must be met)**

- Must be ordered by a medical doctor or licensed dietician on approved form.
- Must directly relate to the diagnosed/qualifying disability
- Must be clearly written in the plan, specifically including what items will be covered and how it relates to the disability
- Items that are not covered by any other funding source

The following approved lists will be reviewed ongoing with additions approved by director(s):

## **DELAWARE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES**

- Any food specifically identified as gluten free (GF), casein free (CF), sugar free (SF) etc on the original receipt.
  - Baking Mixes/flours
  - Pasta
  - Breakfast foods (cereal, bars, granola, etc)
  - Snack foods (crackers, cookies, pretzels etc.)
  - Rice/Soy milk, cheese, yogurt
  - Rice Crème (ice creams)
  - Convenience Foods (chicken nuggets, pizza crusts, etc.)
  - Bread, etc.
- Meal replacements and caloric supplements
  - Ensure
  - Pediasure
  - Specialized formula
  - Nestle Jr.
  - Boost, etc.
- Dietary supplements
  - Minerals
  - Vitamins
  - Thick-it
  - Enzymes, etc.

For any substance to be approved it must directly relate to the disability based on its original intended use or be documented by the physician for an off line use.